

**MILK CEREAL**

Milk - Desnatad  
Milk - Whole  
Soja Bebida  
Bran Flakes  
Muesli  
All-Bran Bars

**DRUGSTORE**

Soap/ Shampo  
Toothpaste K B  
Lotion/ Mano  
Feminine Hyg.

**DAIRY BABY**

Yogur - Natur  
Yogur - Frutas  
Yogur - Greek  
Cream (Nata)  
Butter Sal/ Sin  
Queso Crema  
Burgos/ Mozzar  
Diapers  
Baby Food/ Cer  
EGGS

**STAPLE CANS**

Mayonnaise  
Mustard  
Ketchup  
Soy Sauce  
Tuna  
Beans/ Lentils  
Tomate Triturad

**PAPER**

Tissues  
Paper Towels  
Toilet Paper  
Napkins

**BAKING**

Sugar  
Brown Sugar  
Flour

Flour Integral  
Baking Powder  
Vanilla/ Yeast  
Salt/ Cornmeal  
Jam  
Canned Fruit

**GRAINS SOUP**

Canela-Comino  
Oreg-Laur-Pap  
Spagh/ Tallarin  
Lasagna  
Macaroni/ Estre  
Arroz  
Caldo de Pollo  
Beans - Dried

**LAUNDRY****BREAD GUM**

Tortillas  
Pan de Molde  
Croutons  
Tostadas  
Breadcrumbs  
Gum

**COOKIES TEA**

Flower Cookies  
Chocolate  
Nutella  
Coffee/ Tea

**DISHWASHER**

Dishwash Tabs  
Dish Soap

**JUICE SODA**

Juice \_\_\_\_\_  
Juce Boxes  
Soda

**WINE**

Vino Blanco  
Vino Rojo

Cerveza

**H2O BOTTLES****FROZEN**

Merluza  
Gambas  
Froz. Spinach  
Frozen Peas

**FRUIT**

Melon/ Sandía  
Bananas  
Strawberries  
Cherries  
Peaches  
Pineapple  
Manzanas - R  
Manzanas - V  
Lemons  
Naranjas  
Grapes

**VEGETABLES**

Cebolla  
Patatas/ Boniat  
Apio/ Brocoli  
Zanahorias  
Pimientos R/ V  
Lechuga  
Zucch/ Cucumb  
Calabeza  
Ajo  
Tomatoes

**POLLO MEAT**

Chicken  
Ground Beef  
Roast  
Pork Tenderloin

**OIL**

Oil  
Vinegar/ Lemon  
Fresh Bread

**SNACKS**

Peanuts  
Almonds  
Raisins  
Apricots/ Figs  
Corn Kernels  
Chips

**PAPER**

Parchment Pap  
Plastic Wrap  
Basura - B or O  
Freezer Bags  
Snack Bags

**CLEANING**

Zas Baño  
Don Limpio

**LIDL**

P Molde/ Buns  
Flower Cookies  
Cereal  
Banana/ Apples  
Carrots/ Onions  
Ham/ Maasdam  
Grano P/ Mozz  
Yogur - Natur  
Yogur - Frutas  
Chicken Breast  
Ice Cream  
Frozen Pizza  
Eggs/ Milk  
Corn  
Pasta/ Rice  
Jam  
Specials Week

**ALCAMPO**

Paper/ Cartridg  
BBQ/ Worceste  
Boca Bags  
Freezer S/ M  
Avena/ Bran  
Gift \_\_\_\_\_

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